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The Confidence Myth: Why Women Undervalue Their Skills, and How to Get Over It PDF

"The Confidence Myth is the handbook for any woman looking to succeed in her career."
— Barbara Corcoran, Real Estate Mogul and star of ABC's Shark Tank

The Confidence Myth

Why women undervalue their skills and how to



Helene Lerner, author of *In Her Power*

by Helene Lerner : **The Confidence Myth: Why Women Undervalue Their Skills, and How to Get Over It**

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Description :

PDF-8ffb7 | Not only do we need more female leaders at the top, but we need more women at all levels of business, government, and nonprofits to step up—there's no time to waste. The problem, says Helene Lerner, isn't so much that women lack confidence but that they misunderstand what confidence really is. True confidence isn't fearlessness; it's having the courage to jump in even when your knees ar... *The Confidence Myth: Why Women Undervalue Their Skills, and How to Get Over It*

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